



**HOUSTON, TEXAS  
CANCER SUPPORT  
RESOURCE GUIDE 2016**



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## Caregiver Resources

### Family Caregiver Alliance

Website: [www.caregiver.org](http://www.caregiver.org)  
National Phone: 1-800-445-8106

### National Family Cancer Association

Website: [www.nfcares.org](http://www.nfcares.org)  
National Phone: 1-800-896-3650

### Well Spouse Association

Website: [www.wellspouse.org](http://www.wellspouse.org)  
National Phone: 713-992-5090

## Children & Young Adults

### American Childhood Cancer Organization

Website: [www.acco.org](http://www.acco.org)  
National Phone: 1-800-366-2223

### Camp Kesem

(Free summer camp for children of cancer patients)

Website: [www.campkesem.org](http://www.campkesem.org)  
Local Phone: 979-314-4713

### Cancercare for Kids

Website: [www.cancercare.org](http://www.cancercare.org)  
National Phone: 1-800-813-4673

### Candlelighters Childhood Cancer Foundation

Website: [www.candlelighters.org](http://www.candlelighters.org)  
National Phone: 1-800-366-2223

### Heroes for Children

(Providing financial assistance to families with children battling cancer)

Website: [www.heroesforchildren.org](http://www.heroesforchildren.org)  
National Phone: 214-256-5824

### MD Anderson (CLIMB)

(six week support group for children of cancer patients)

Website: [www.mdanderson.org/climb](http://www.mdanderson.org/climb)  
Local Phone: 713-792-6826

### MD Anderson (KIWI)

(Support for children of cancer patients)

Website: [www.mdanderson.org/climb](http://www.mdanderson.org/climb)  
Local Phone: 713-792-6195

### Ronald McDonald House

Website: [www.ronaldmcdonaldhousehouston.org](http://www.ronaldmcdonaldhousehouston.org)  
Local Phone: 713-795-3500

### Snowdrop Foundation (Texas Children's Hospital)

Website: [www.snowdropfoundation.org](http://www.snowdropfoundation.org)  
Local Phone: 281-937-7293

### The Sunshine Kids

Website: [www.sunshinekids.org](http://www.sunshinekids.org)  
Local Phone: 713-524-1264

## Counseling

### American Cancer Society

(Also offers Bereavement Support)

Website: [www.cancer.org](http://www.cancer.org)  
Local Phone: 713-266-2877  
National Phone: 1-800-227-2345

### American Psychosocial Oncology Society

Website: [www.apos-society.org](http://www.apos-society.org)  
National Phone: 1-866-276-7443

### Catholic Charities

*See Family & Social Services Section*

### Family Services of Greater Houston

*See Family & Social Services Section*

### Innovations Counseling and Consulting

(Counseling & Support Group for chronic pain or illness)

Website: [www.innovationscounseling.com](http://www.innovationscounseling.com)  
Local Phone: 281-597-9291

### Interface-Samaritan Counseling Center

(Sliding Scale Fee per session)

Website: [www.interface-samaritan.org](http://www.interface-samaritan.org)  
Local Phone: 713-626-7990

### Katy Area Counseling & Cancer Support Group

Therapist: Lee Ann Elvig  
Local Phone: 713-805-5854

### Mental Health America – Pro Bono

#### Counseling Program

Website: [www.mhahouston.org](http://www.mhahouston.org)  
Local Phone: 713-522-5161

### Mental Health America (The Guide)

(Various Counseling and Community Resources)  
Website: [www.mhahouston.org](http://www.mhahouston.org)  
Local Phone: 713-523-8963

### St. Luke's Center for Counseling & Enrichment

Website: [www.stlukescounseling.org](http://www.stlukescounseling.org)  
Local Phone: 713-402-5056

## **Cultural & International Resources**

### Boat People SOS (BPSOS)

(Health and Wellness, Emergency services for Vietnamese and immigrant persons)

Website: [www.bpsos.org](http://www.bpsos.org)  
Local Phone: 281-530-6888

### Chinese Community Center

(Advocacy Program)

Website: [ccchouston.org](http://ccchouston.org)  
Local Phone: 713-271-6100

### Indian American Cancer Network (IACAN)

Website: [www.iacannetwork.org](http://www.iacannetwork.org)  
Local Phone: 713-370-3489

### Jewish Family Services (Jewish Families)

Website: [www.jfshouston.org](http://www.jfshouston.org)  
Local Phone: 713-667-9336

### Light and Salt Association

(Programs and Resources for Asian Community)

Website: [www.light-salt.org](http://www.light-salt.org)  
Local Phone: 713-988-4724

### Sisters Network, Inc.

(Breast Cancer Resources for African Americans)  
(Assistance with co-pays, mammograms, and office visits)

Website: [www.sistersnetworkinc.org](http://www.sistersnetworkinc.org)  
National Phone: 1-877-267-2323  
Local Phone: 713-726-0207

## **Dietary and Meal Planning**

### Cooking for Chemo and After

(A self help guide that teaches you flavoring and cooking techniques that are proven to combat eating related chemotherapy side-effects)

Website: [www.cookingforchemo.org](http://www.cookingforchemo.org)  
Email: [cookingforchemo@gmail.com](mailto:cookingforchemo@gmail.com)

### Fort Bend Seniors Meals on Wheels

Website: [www.fortbendseniors.org](http://www.fortbendseniors.org)  
Local Phone: 281-633-7049

### Heal A Meal

Website: [www.healameal.com](http://www.healameal.com)  
Local Phone: 832-428-7267  
Local Phone: 713-267-2369

## **Family & Social Services**

### Area Agency on Aging

(Provides federally-funded social services for the elderly in Harris County)

Website: [www.houstontx.gov/health/Aging/](http://www.houstontx.gov/health/Aging/)  
Local Phone: 832-393-4301

### Catholic Charities of Greater Houston

(Counseling, food and basic needs, housing, immigrant & refugee services)

Website: [www.catholiccharities.org](http://www.catholiccharities.org)  
Local Phone: 713-526-4611

### Christian Community Service Center

Website: [www.ccschouston.org](http://www.ccschouston.org)  
Local Phone: 713-961-3993

### Family Services of Greater Houston

(Sliding Scale Fee counseling, financial coaching, social workers, case management, human resources, social services, mediation, & divorce prep classes)

Website: [www.familyservices.org](http://www.familyservices.org)  
Local Phone: 713-861-4849

### Interfaith Ministries for Greater Houston

(Meals On Wheels & refugee services)

Website: [www.imgh.org](http://www.imgh.org)  
Local Phone: 713-533-4900

### United Way of Greater Houston

#### Texas Health & Human Services

Local Phone: 713-957-4357  
Local Phone: 2-1-1  
Food stamp eligibility: 713-767-2000

## **Fertility & Reproduction**

### Fertile Action

(Provides information and resources for family planning and fertility issues for women with Cancer)

Website: [www.fertileaction.org](http://www.fertileaction.org)  
National Phone: 1-877-276-5951

### Fertile Hope

(Reproductive information, support and Hope)

Website: [www.fertilehope.org](http://www.fertilehope.org)

National Phone: 1-800-746-4673

### Hope for Two-The Pregnant with Cancer

(Resources for Women diagnosed with cancer during pregnancy)

Website: [www.pregnantwithcancer.org](http://www.pregnantwithcancer.org)

National Phone: 1-800-743-4471

## **Financial Assistance**

### Breast Cancer Freebies

Website: [breastcancerfreebies.com](http://breastcancerfreebies.com)

### CancerCare

Website: [www.cancercare.org](http://www.cancercare.org)

National Phone: 1-800-813-4673

### CancerCare Co-payment Assistance Foundation

Website: [www.cancercarecopay.org](http://www.cancercarecopay.org)

National Phone: 1-866-55-COPAY

### Cancer Financial Assistance Coalition

(Must contact by website)

Website: [www.cancerfac.org](http://www.cancerfac.org)

### Cancer Fund of America

(Assist with co-pays and other cancer related expenses)

Website: [www.cfoa.org](http://www.cfoa.org)

National Phone: 1-800-578-5284

### Good Days (Chronic Disease Fund)

(Financial assistance for medications)

Website: [www.gooddaysfromcdf.org](http://www.gooddaysfromcdf.org)

National Phone: 1-877-968-7233

### HealthWell Foundation

(Co-Pays for insurance premiums & some out of pocket health care costs)

Website: [www.healthwell foundation.org](http://www.healthwell foundation.org)

National Phone: 1-800-675-8416

### Help Now Fund (Breast Cancer Resources)

(Financial assistance for rent and utilities)

Website: [www.thebreastcancercharities.org](http://www.thebreastcancercharities.org)

Local Phone: 1-936-231-8460

### Hill-Burton Program

(Assistance with medical procedures)

[www.hrsa.gov/gethealthcare/affordable/hillburton](http://www.hrsa.gov/gethealthcare/affordable/hillburton)

National Phone: 1-800-638-0742

### Livestrong Foundation

Website: [www.livestrong.org](http://www.livestrong.org)

National Phone: 1-866-673-7205

### Leukemia and Lymphoma Society

Website: [www.lls.org](http://www.lls.org)

National Phone: 1-914-949-6691

### Lymphoma Research Foundation

(Provides financial help and additional financial resources)

Helpline: 800-500-9976

Email: [helpline@lymphoma.org](mailto:helpline@lymphoma.org)

### Needy Meds

(Assistance with cost of medications)

Website: [www.needymeds.com](http://www.needymeds.com)

### Net Wish

(Must contact by website)

Website: [netwish.org](http://netwish.org)

### OvarCare

(Financial assistance for women diagnosed with ovarian cancer)

Website: [www.ovarcome.org](http://www.ovarcome.org)

Email: [info@ovarcome.org](mailto:info@ovarcome.org)

### Partnership for Prescription Assistance

(Prescription assistance)

Website: [www.pparx.org](http://www.pparx.org)

### Patient Access Network Foundation

(Co-Pays for medications)

Website: [www.panfoundation.org](http://www.panfoundation.org)

National Phone: 1-866-316-7263

### Patient Advocate Foundation

(Insurance and Health Care Access Assistance)

Website: [www.patientadvocate.org](http://www.patientadvocate.org)

National Phone: 1-866-512-3861

### Patient Assistance Program

(Co-Pays for meds)

Website: [www.pparx.org](http://www.pparx.org)

National Phone: 1-888-477-2669

Patient Services, Inc.

(Provides help with co-pays and insurance premiums)

Website: [www.patientservicesinc.org](http://www.patientservicesinc.org)

National Phone: 1-800-366-7741

Pink Door

(Financial assistance for women after cancer)

Website: [www.pinkdoornonprofit.org](http://www.pinkdoornonprofit.org)

Prostate Cancer Foundation

(Offers a listing of financial resources related to prostate screening and treatment)

Website: [www.pcf.org](http://www.pcf.org)

RxAssist

(Prescription assistance)

Website: [www.rxassist.org/patients](http://www.rxassist.org/patients)

Susan G. Komen (Breast Cancer Resources)

Website: [www.komen-houston.org](http://www.komen-houston.org)

Local Phone: 713-783-9188

National Phone: 1-877-465-6636

The Carl McCain Foundation

(Financial Assistance Oil & Gas Industry Only)

Website: [www.carlmccain.org](http://www.carlmccain.org)

**Home Health Care & Assisted Living**

Amazing Grace Nursing Services

Website: [www.agnursingservices.com](http://www.agnursingservices.com)

Local Phone: 713-484-7555

Angel's Corner Healthcare, Inc.

Local Phone: 832-277-1630

Local Phone: 832-473-3425

Brightstar Lifecare

Website: [www.brightstarcare.com](http://www.brightstarcare.com)

Local Phone: 281-201-3700

National Phone: 1-866-618-7827

Cameo Caregivers

Website: [cameocaregivers.com](http://cameocaregivers.com)

Local Phone: 713-682-7272

CareTemps

Website: [www.caretemps.com](http://www.caretemps.com)

Local Phone: 713-263-9440

Caring Hearts 24/7

Website: [www.caringhearts247.com](http://www.caringhearts247.com)

Local Phone: 713-834-4733

Home Instead Senior Care

Website: [www.homeinstead.com](http://www.homeinstead.com)

Local Phone: 832-379-4700

Personal Homecare Services, Inc.

Website: [www.personalhomecare.net](http://www.personalhomecare.net)

Local Phone: 979-297-9191

National Phone: 1-866-540-7272

Professional Caretakers, Inc.

[www.professionalcaretakers.com](http://www.professionalcaretakers.com)

Local Phone: 713-840-8246

Sheltering Arms Senior Services

Website: [shelteringarms.org](http://shelteringarms.org)

Local Phone: 713-685-6577

Synergy HomeCare

Website: [www.synergyhomecare.com](http://www.synergyhomecare.com)

Local Phone: 713-271-0481

Local Phone: 281-999-2273

National Phone: 1-877-502-3433

The Hallmark Retirement & Assisted Living

Website: [www.thehallmark.org](http://www.thehallmark.org)

Local Phone: 713-622-6633

**Hospice & Bereavement Support**

A Med Community Hospice

Website: [www.amedhomehealth.com](http://www.amedhomehealth.com)

Local Phone: 713-975-0690

Bo's Place

(Grief support for children and families)

Website: [bosplace.org](http://bosplace.org)

Local Phone: 713-942-8339

Excel Hospice Care

Website: [www.excelhospice.com](http://www.excelhospice.com)

Local Phone: 713-776-3136

Grief Share

(Support group for people who are grieving)

Website: [www.griefshare.org](http://www.griefshare.org)

Local Phone: 713-468-8356 (MDPC)

National Phone: 1-800-395-5755



### Houston Hospice

(www.houstonhospice.org)  
Local Phone: 713-467-7423  
Local Phone: 713-461-2441

### Houston Solari Hospice Care

Website: www.solarihospice.cm  
Local Phone: 713-664-7120

### Odyssey HealthCare of Houston

Website: www.odyssey-healthcare.com  
Local Phone: 713-592-5600  
National Phone: 1-888-592-5600

### Vistacare Family Hospice of Houston

Website: www.vistacare.com  
Local Phone: 713-290-1746

## **Housing and Lodging**

### Aishel House

Website: www.aishelhouse.org  
Local Phone: 713-522-2004

### Church Apartment Ministry

Website: www.churchapartmentministry.org  
Local Phone: 713-524-2640

### Cinco Charities – The Ballard House

Website: www.cincocharities.org  
Local Phone: 281-717-4670

### Faith House

(Faith Lutheran Church)  
Website: www.faithchurchfamily.org  
Local Phone: 713-664-3048

### Find The Missing Piece

Website: www.findthemissingpiece.org  
Local Phone: 281-746-2717

### Halo House Foundation

(Short term housing to blood cancer patients  
Leukemia, Lymphoma & Myeloma Patients)  
Website: www.halohousefoundation.org  
Local Phone: 713-661-1055

### Hospitality Apartments

Website: www.hospitalityapartments.org  
Local Phone: 713-790-9120

### Housing near Texas Medical Center

Website: texasmedicalcenter.org/lodging

### Joe's House

(online lodging guide for cancer patients)  
Website: www.joeshouse.org  
National Phone: 1-877-563-7468

### Lifeline Chaplaincy

(Funds for hotel rooms)  
Website: lifelinechaplaincy.org  
Local Phone: 713-524-1055

### Lovett Inn Bed and Breakfast

Website: lovettinn.com  
Local Phone: 713-522-5224  
National Phone: 1-800-779-5224

### MD Anderson Guide (online)

www.mdanderson.org/patient-and-cancer-information/guide-to-md-anderson

### Robin's Nest Bed and Breakfast Inn

Website: therobin.com  
Local Phone: 713-528-5821  
National Phone: 1-800-622-8343

## **Insurance & Legal**

### Cancer Legal Resource Center (CLRC)

(Legal Resource Center)  
www.cancerlegalresourcecenter.org  
National Phone: 1-866-843-2572

### EEOC

(Preventing Employment Discrimination)  
Website: www.eeoc.com  
Mr. Joe Bontke 713-209-3436  
National Phone: 1-800-669-4000

### Journey Forward

(Survivorship Care Planning)  
Website: www.journeyforward.org  
Phone: 707-636-5900

### Lone Star Legal Aid

Local Phone: 713-652-0077

### Medicare & Medicaid

Website: [www.cms.hhs.gov](http://www.cms.hhs.gov)

National Phone: 1-877-267-2323

### Patient Service Inc.

(Financial/Meds/Insurance)

Website: [www.patientservicesinc.org](http://www.patientservicesinc.org)

National Phone: 1-800-366-7741

### Patient Advocate Foundation

(Legal/Insurance)

Website: [www.patientadvocate.org](http://www.patientadvocate.org)

National Phone: 1-800-532-5274

### Social Security Disability

Website: [www.ssa.gov](http://www.ssa.gov)

National Phone: 1-800-772-1213

### Texas Young Lawyers Association (TYLA)

(Legal/Insurance)

[www.tyla.org/pdfs/cancerguide06.pdf](http://www.tyla.org/pdfs/cancerguide06.pdf)

[www.texaslawhelp.org](http://www.texaslawhelp.org)

National Phone: 1-800-622-2520

## **LGBT Community Resources**

### Bering Memorial United Methodist Church

(Support Groups)

[www.beringumc.org/service.htm](http://www.beringumc.org/service.htm)

Local Phone: 713-526-1017

### First Unitarian Universalist Church of Houston

(Support Groups)

[www.firstuu.org/wh\\_events.php](http://www.firstuu.org/wh_events.php)

Local Phone: 713-526-5200

### Montrose Counseling Center

[www.montrosecounselingcenter.org](http://www.montrosecounselingcenter.org)

Local Phone: 713-529-0037

### St. Paul's United Methodist Church

(Support Groups)

[www.stpaulshouston.org](http://www.stpaulshouston.org)

Local Phone: 713-528-0527

## **Massage & Yoga Therapy**

### Balanced Thru Bodywork Yoga

(Free oncology massage therapy to cancer patients)

Nelson Reyes 239-839-9518

Local Phone: 281-719-0964

### Chair Yoga for Cancer Survivors & Caregivers

(Memorial Hermann Memorial City)

Local Phone: 713-222-2273

### Oncology Massage Therapy

(Certified Oncology Therapist Sacha Simmons at The Serenity Healing Center)

[www.theserenityhealingcenter.massagetherapy.com](http://www.theserenityhealingcenter.massagetherapy.com)

Local Phone: 281-501-3404

### Yoga for Cancer Survivors & Caregivers

(Memorial Hermann Southwest)

Local Phone: 713-456-4028

## **Medical Assistance**

### Harris County Hospital District

Website: [www.hchdonline.com](http://www.hchdonline.com)

Local Phone: 713-566-6509

### Hope Clinic

(Low cost medical procedures)

Website: [www.hopechc.org](http://www.hopechc.org)

Local Phone: 713-773-0803

### San Jose Clinic

(Low cost medical procedures)

Website: [www.sanjoseclinic.org](http://www.sanjoseclinic.org)

Local Phone: 713-228-9411

### The Rose

(Breast cancer resources)

Website: [www.the-rose.org](http://www.the-rose.org)

Local Phone: 281-484-4708

Mobile Mammography: 281-464-5136

## Medical Supplies, Wigs, Prosthetics

### Ann's Wig Salon

Website: [www.annswigsalon.net](http://www.annswigsalon.net)  
Local Phone: 713-461-1140

### Crowns of Glory

(Wigs, Wraps, Prosthetics)

Website: [www.crownsoglory.org](http://www.crownsoglory.org)  
Local Phone: 281-615-3831

### Duke Medical Equipment

Website: [www.dukemedicalequipment.com](http://www.dukemedicalequipment.com)  
Local Phone: 1-888-329-1338

### First Class Medical Equipment and Supply, Inc.

Website: [www.firstclassmedical.com](http://www.firstclassmedical.com)  
Local Phone: 713-696-9363

### Gayla's Wig

Website: [www.gaylawigs.com](http://www.gaylawigs.com)  
Local Phone: 281-782-1555

### Ostomy Houston

Website: [www.ostomyhouston.org](http://www.ostomyhouston.org)  
Local Phone: 281-493-5015

### Second Silhouette

(Mastectomy Boutique)

Phone: 1-800-747-5999

### Tender Loving Care

(Wigs & Wraps)

Website: [www.tlcdirect.org](http://www.tlcdirect.org)  
Phone: 1-800-850-9445

### THAIR for You

(Free wig, cut and styled)

Website: [visiblechanges.com/thair-for-you](http://visiblechanges.com/thair-for-you)  
Phone: 713.984.8800

### Womens's Health Boutique

(Wigs, Turbans, Bras, Prosthetics)

Local Phone: 281-895-6954  
Local Phone: 281-531-6582

### Y-Me

Website: [www.y-me.org](http://www.y-me.org)  
National Phone: 1-800-221-2141

## Other Cancer Resources

### National Cancer Institute

Website: [www.cancer.gov](http://www.cancer.gov)  
Local Phone: 1-800-422-6237

### Senior Guidance Directory

Website: [www.srguidance.org](http://www.srguidance.org)  
Local Phone: 713-529-9991

### Texas Cancer Information

Website: [www.texascancer.info](http://www.texascancer.info)  
Local Phone: 713-792-2277

## Reading Material

### *From Incurable to Incredible*

Author: Tami Boehmer

[www.tamiboehmer.com/about-the-book/](http://www.tamiboehmer.com/about-the-book/)

This book features 27 cancer survivors who were given a terminal diagnosis, but shocked everyone by thriving years past their prognosis

### *Mature Beyond their Years: The Impact of Cancer on Adolescent Development*

Author: Tami Boehmer

[www.tamiboehmer.com/about-the-book/](http://www.tamiboehmer.com/about-the-book/)

### *Steps to Healing and Wellness: Establishing a New Game Plan for Patients Facing Severe Health Challenges*

Author: C. Malcolm Hendry, Ph. D.

Contact CanCare for more information, 888-461-0028

## Support Groups

### American Brain Tumor Association

Website: [www.abta.org](http://www.abta.org)  
National Phone: 1-800-886-2282

### American Cancer Society

Website: [www.cancer.org](http://www.cancer.org)  
Local Phone: 713-266-2877  
National Phone: 1-800-227-2345

### American Lung Association

Website: [www.breathehealthy.org](http://www.breathehealthy.org)  
Local Phone: 713-629-5864  
National Phone: 1-800-548-8252

### Brain Tumor Support Group Memorial Hermann

Meets the 2<sup>nd</sup> Wednesday of the month at 6:00pm, 6411 Fannin, Houston, TX 77030 3<sup>rd</sup> Floor Conference Room A  
Local Phone: 713-222-2273

### CancerCare

(Free online support)

Website: [www.cancercare.org](http://www.cancercare.org)  
National Phone: 1-800-813-4673

### Cancer Compass

(Free online support community and message board)

Website: [www.cancercompass.com](http://www.cancercompass.com)

### Cancer Hope Network

(Free online support group and one-on-one support)

Website: [www.cancerhopenetwork.org](http://www.cancerhopenetwork.org)  
National Phone: 1-800-552-4366

### Cancer Support Community

(Free online support)

Website: [www.cancersupportcommunity.org](http://www.cancersupportcommunity.org)  
National Phone: 1-888-793-9355

### CareFlash

(Free website to keep family and friends informed)

Website: [www.careflash.com](http://www.careflash.com)  
Phone Number: 512-368-5421

### Caringbridge

(Free website to keep family and friends informed)

Website: [www.caringbridge.org](http://www.caringbridge.org)  
Phone Number: 1-651-452-7940

### Colon Cancer Alliance

Website: [www.ccalliance.org](http://www.ccalliance.org)  
National Phone: 1-877-422-2030

### Conversations

(Online Ovarian Support Group)

Website: [www.ovarian-news.org](http://www.ovarian-news.org)  
National Phone: 210-401-1604

### Houston Area Brain Tumor Support Group

(MD Anderson Cancer Center)

Local Phone: 713-794-1777

### Leukemia & Lymphoma Society

Website: [www.leukemia-lymphoma.org](http://www.leukemia-lymphoma.org)  
Local Phone: 713-680-8088  
National Phone: 1-800-955-4572

### MD Anderson (Anderson Network)

(Short-term one-on-one match & online support)

Local Phone: 713-792-2553  
National Phone: 1-800-345-6325

### Memorial Hermann Support Groups

[www.memorialhermann.org/servicesandprograms/supportgroups](http://www.memorialhermann.org/servicesandprograms/supportgroups)  
Local Phone: 713-222-2273

### Neuro Circle Support Group The Methodist Hospital

(Meets every 4<sup>th</sup> Thursday in Dunn Blanco room 6:30pm to 8:00pm --Dinner is included)

[www.methodistneuroinstitute.com](http://www.methodistneuroinstitute.com)  
Local Phone: 713-441-3800

### Reconstruction of a Survivor

(Breast Cancer Support Group)

Website: [www.roasurvivor.org](http://www.roasurvivor.org)  
Local Phone: 713-741-4422

### St. Luke's Episcopal Hospital Support Groups

Website: [www.st.lukestexas.org](http://www.st.lukestexas.org)  
Local Phone: 832-355-1000

### The Methodist Hospital Support Groups

[www.methodisthealth.com](http://www.methodisthealth.com)  
Local Phone: 713-790-3311

### The Oral Cancer Foundation

Website: [www.oralcancer.org](http://www.oralcancer.org)  
Phone Number: 949-646-8000

### The Rose Support Groups

(Breast Cancer Support)

Website: [www.rosebudssupport.org](http://www.rosebudssupport.org)  
Local Phone: 281-580-4972  
Local Phone: 713-665-2729

### US Too – Prostate Cancer Support

Website: [www.ustoo.com](http://www.ustoo.com)  
Local Phone: 713-972-0840

## **Transportation**

### American Cancer Society

Website: [www.cancer.org](http://www.cancer.org)  
Local Phone: 713-266-2877  
National Phone: 1-800-227-2345

### American Red Cross

Local Phone: 713-313-1631  
Harris & Fort Bend County  
Local Phone: 281-282-6039 Clear Lake  
Local Phone: 281-424-1300 Baytown

### Corporate Angel Network

Website: [www.graceflight.org](http://www.graceflight.org)  
Local Phone: 713-328-1313  
National Phone: 1-866-328-1313

### Grace Flight of America

Website: [www.graceflight.org](http://www.graceflight.org)  
Local Phone: 972-755-0433  
National Phone: 888-500-0433

### HERO (Helping Elderly Residents Out)

Local Phone: 713-932-3996

### Houston Ground Angels

(Provides transportation from local airports to Texas  
Medical Center for out of town patients)  
Local Phone: 281-348-9103

### Lifeline Chaplaincy

(Funds for parking and some transportation costs)  
Website: [lifelinechaplaincy.org](http://lifelinechaplaincy.org)  
Local Phone: 713-524-1055

### Metro Lift (\$1.15 per trip one way)

Website: [www.ridemetro.org](http://www.ridemetro.org)  
Local Phone: 713-635-4000  
Dispatch: 713-225-0410  
Customer Service: 713-225-0119

### Volunteer Houston

Website: [www.volunteerhouston.org](http://www.volunteerhouston.org)  
Local Phone: 713-965-0031

### Volunteer Interfaith Caregivers-SW

(Transportation in SW Houston area to Elderly)  
Website: [www.vic-sw.org](http://www.vic-sw.org)  
Local Phone: 713-772-8181